

Alpinia

ACTIVITIES FOR GROUPS

From rowing on the lake, paragliding, hiking in the surrounding mountains and exploring the area by bike to cooking and tasting the local delicacies.



MENU

EQUIPMENT RENTAL

Canoe
Kayak
Standup paddleboard (SUP)
Bike
E-bike

EXCURSIONS

Panoramic ride by e-boat and ride by cable car to Vogel
Panoramic ride by e-boat and hike to the Savica Waterfall
Mostnica Gorge and Hudičev most (Devil's Bridge) Photo Tour

TEAM-BUILDING ACTIVITIES

Treasure Hunt
Bohinj Olympic Games
Big canoe tournament
Sunset on canoes
Guided gin tasting
Arty Party – painting and wine tasting
Bohinjski FLYer + trekking
Ice sculpture making
Camera obscura + photo tour with Katja Jemec

CULINARY WORKSHOPS

Bread baking with a ceramic stove
Cook like a local
Cheese Tour

OUTDOOR ACTIVITIES

Mini rafting
Guided kayaking on the river
Guided standup paddleboarding (SUP) on the river
Canyoning
Tandem paragliding
Standup paddleboarding, canoeing or kayaking on the lake
Yoga
Standup paddleboard yoga
Guided tours
Bikes
Climbing
Hiking
Riding
Winter Top 5
Winter Rafting

OUTDOOR ACTIVITIES

MINI RAFTING

The Sava Bohinjka River is perfect for mini rafting for two or three persons. It is suitable for anyone who wants to enjoy the river and its beauties as well as having the best time. The mini rafting tour starts on the lake where you get all the safety instructions and a short paddling training course. After you learn the basics, your adventure can begin.

Difficulty level: moderate
Duration: approx. 3.5 hours
Limitations: swimmers only



GUIDED KAYAKING TOUR ON THE RIVER

We will paddle down the Sava Bohinjka River on a sit-on-top kayak which is also appropriate for beginners who want to experience kayaking in a simple way. You can choose from a one- or two-person kayak. The tour starts on the lake where you get all the safety instructions and a short paddling training course. After you learn the basics, your adventure can begin.

Difficulty level: moderate
Duration: approx. 3.5 hours
Limitations: swimmers only

GUIDED STANDUP PADDLEBOARDING ON THE RIVER

A unique experience – standup paddleboarding on river rapids, exploring and enjoying the hidden corners of the Sava Bohinjka River. If you have stood on a standup paddleboard, this tour is perfect for upgrading your knowledge and acquiring new skills, while at the same time, the activity is also appropriate for beginners.

Difficulty level: moderate
Duration: approx. 4 hours
Limitations: swimmers only



OUTDOOR ACTIVITIES

CANYONING: JEREČICA



A ride on the smooth rock and jumping in a natural pool. The magical gorge will leave you speechless. Canyoning is appropriate also for beginners. It includes descending down a rope, swimming, gliding on rocks and jumping in river pools.

Difficulty level: moderate
Duration: 3 to 5 hrs (long or short version)
Limitation: swimmers only

CANYONING: GRMEČICA

Appropriate for adventurers and all who dare to jump from a height of 8 metres. Adrenaline boost guaranteed. It includes descending down a rope, swimming, gliding on rocks and jumping in river pools

Difficulty level: difficult
Duration: 3 hrs
Limitation: swimmers only



TANDEM PARAGLIDING

Take-off site at Vogel Ski Centre. A long flight at a higher altitude with a panoramic view of the surrounding mountains.

Take-off site on Vogar. A short flight at a lower altitude with an amazing view of the valley.

Duration (Vogel): 1 h 30 min
(the flight takes about 20 minutes)
Duration (Vogar): 1 hour
(the flight takes about 5 to 10 minutes)
Acrobatic flight option is possible.



OUTDOOR ACTIVITIES



YOGA IN THE HEART OF TRIGLAV NATIONAL PARK

Outdoor yoga is an excellent choice for anyone who wants to spend a day in nature and find inner peace. The trail leads us along the magical Mostnica Gorge to the beautiful Mostnica Waterfall. We shall make a short stop there and do the Pranayama breathing technique to fill our lungs with fresh mountain air. When we arrive at the Voje Valley, we shall do beginners yoga to boost our energy and deepen our body awareness.

Difficulty level: easy

Duration: 4 hrs

STANDUP PADDLEBOARDING, CANOEING OR KAYAKING ON THE LAKE

The activity can be organised as a guided tour or course. You can rent out all equipment and go exploring on your own.

Difficulty level: easy

Duration: more than 1 hour

Limitation: swimmers only



STANDUP PADDLEBOARD YOGA ON LAKE BOHINJ

Swap your usual yoga mat for a standup paddleboard. When doing yoga on water, we have to be even more aware of our bodies and focus on balance than with yoga on solid ground. Meditation with the sounds of water takes us to an even higher level of self-awareness. First, we shall learn the basic standup paddleboarding technique and continue with simple yoga techniques.

Difficulty level: easy

Duration: 2.5 hrs



OUTDOOR ACTIVITIES

GUIDED E-BIKE TOUR IN TRIGLAV NATIONAL PARK



You will visit the Voje Valley, and find the Kropa spring and the famous Mostnica Waterfall. Along the way, you will see the typical alpine huts and have a snack in one of them (optional). On your way back you will stop in a traditional Bohinj village and learn how people lived years ago, hear some legends and discover the treasures of Bohinj. Then you will ride through Bohinj's upper and lower valleys where you will also see traditional Slovenian hayracks.

Difficulty level: moderate to difficult
Duration: approx. 6 hrs (depending on the group)
Tours: Voje Valley or alpine pastures

MOUNTAIN BIKING ON THE POKLJUKA

The mountain biking tour takes place in the heart of Triglav National Park with its trailhead on the Pokljuka and end at Lake Bohinj.

The activity can be organised as a guided tour or a treasure hunt. If you choose the guided tour, you will learn more about Bohinj's natural and cultural heritage. If hunting for treasure, you will be divided into two groups, where each group will have to find their way back to Lake Bohinj. Along the way, you will try to find the hidden treasure with the help of a map and compass.

Difficulty level: moderate to difficult
Duration: approx. 4 hours

CYCLING IN TRIGLAV NATIONAL PARK AND EXPLORING BOHINJ

A picturesque round cycling tour through the typical alpine villages of Bohinj. You will also learn about the legends and hidden treasures of Bohinj.

Difficulty level: moderate to difficult
Duration: approx. 4 hours



OUTDOOR ACTIVITIES



CLIMBING

Bohinj has one of the most popular climbing centres in Slovenia. It has 16 climbing venues and a little less than 500 well-equipped directions of various difficulty levels.

This activity is also suitable for beginners

Difficulty level: various
Duration: more than 1 hour

HIKING

Bohinj is a hikers' paradise, because it offers many trails in the valley and the mountains. We recommend visiting the pastures, where you can also see and visit typical alpine huts.

Difficulty level: various
Duration: more than 1 hour



HORSE RIDING

Bohinj and its diverse terrain offer a possibility for relaxed riding on an easy terrain and also be the perfect tour for advanced riders who also desire a whole-day ride on Pokljuka and its surroundings as well as alpine pastures.

Difficulty level: easy to moderate
Duration: more than 1 hour



OUTDOOR ACTIVITIES

WINTER TOP 5

The programme is suitable for anyone who would like to use a winter's day for an adrenaline boost and fun.

You will try various winter sports: adrenaline snow rafting, human curling, snowshoeing, tube hockey and extraordinary sledging, where you make your own sledge. A very active team-building programme that strengthens team bonds and provides for a relaxed atmosphere and lots of fun.

Programme type: themed team-building programme

Duration: 2–4 hrs

Location: snow-covered slopes in Slovenia

WINTER RAFTING

Rafting is a very popular sport in summer. But you can also enjoy rafting in winter. Snow rafting takes place in the Bohinj Valley (Bohinjska Bistrica) or at Vogel Ski Centre. Outdoor rafts are used for sledging on a slope and stopping on a safe and long track.

We are convinced that you will simply enjoy riding down the hill.

Duration: 2 hrs

Difficulty level: easy

Equipment: warm clothes and watertight shoes, gloves, winter hat



THE HEART OF THE FOREST

Forest therapy with natural foot reflexotherapy and a forest tea party

Would you like to escape everyday stress and a hectic lifestyle, and simply feel the pulse of the forest, the energy of the trees, the sound of the wind and birds, let yourself go while enjoying natural reflexotherapy and spoil your taste buds while sipping healing tea on a forest mat?

This experience offers a unique opportunity to connect with nature through forest therapy that offers relaxation from everyday stress, strengthens the immune system and enables you to find balance between your body and mind. The experience also includes a soothing foot massage with natural reflexotherapy and a special forest tea party. The workshop can be carried out on a pasture or in the valley.

Duration: half a day

Location: at the lake or on Vogar pasture

TEAM-BUILDING ACTIVITIES

ŽIGA ZOIS EPIC HUNT

A town adventure, located in the Sava Bohinjka Valley, where your imagination can run wild. Every team gets their own backpack and an iPad to navigate across town and complete various tasks. At every point, you must do a fun, exciting task and when you complete it, you can unlock the next level and get instructions to continue.

The game is always adapted to the players. At the end of the game, you can also view the recorded images for the team and have a great laugh.

Difficulty level: easy

Duration: approx. 4 hours



ARTY PARTY

This is no typical art workshop. Unless you had the option to drink a glass of wine with your art teacher. The "I'm really not talented" excuse doesn't count. We guide you step by step, from a blank canvas to the final painting.

How can children always draw a great painting? Because they always have fun. And this is what Arty Party is all about. And it also has a therapeutic effect (wine + painting).

Difficulty level: easy

Duration: approx. 2 hours

ICE SCULPTURE MAKING

Guided by an experienced sculptor, participants learn about the mysteries of good and safe sculpturing and ice carving, with the help of chain saws and other tools, and teams can show their skills in design.

Instructions are followed by planning, construction, presentation and showing what you created. Team results are amazing and sometimes even funny; in the end, every work is a masterpiece. Well, almost every artwork ...

Programme type: themed team building programme

Duration: 75–105 minutes

Location: indoor or outdoor



TEAM-BUILDING ACTIVITIES

BOHINJSKI FLYER + TREKKING



The BohinjSKI FLYer zipline is a unique ski jumping simulation area in Slovenia. You can jump or fly for 250 metres and break the world record. You don't just have to watch. You can also go on a picturesque 1.5-hour trekking tour in a Triglav National Park forest, covered with alpine flowers. Four kilometres of hiking is easy to moderate, while for the Bohinjski FLYer you just need some courage.

Duration: 3.5 h

CAMERA OBSCURA AND BOHINJ PHOTO WORKSHOP FOR GROUPS

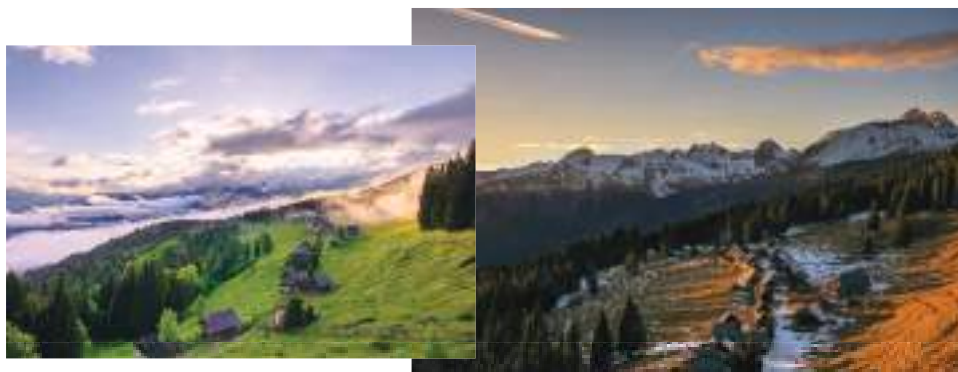
Learn how to make a camera obscura out of a shoe box and explore the Bohinj Valley, which will amaze you with its many waterfalls and brooks, with a professional local photographer. The lake is just a few minutes' drive from the symmetrical forests of Pokljuka and many alpine villages. We will find the best places for photographing and talk about photography. A creative group workshop, appropriate for phones and professional cameras.

Difficulty level: easy

Duration: 4 hrs

Introduction to camera obscura: 2 hrs

Photo hike in sunset: 2 hrs



GUIDED KARAKTER GIN TASTING

A presentation of Karakter Distillery, the gin-making process, presentation of aromas, distilling apparatuses and general information about gin.

2 x 0.02 l of gin for tasting (Imagine + Cherriot)

2 x gin tonic (Imagine + Cherriot)

Duration: 2 h



TEAM-BUILDING ACTIVITIES



TREASURE HUNT

This activity includes cycling, canoeing and a short orientation hike. The participants will be divided into groups, where each group will try to achieve a common goal and all members will actively collaborate in resolving various tasks. You will try to find the hidden treasure with a compass and a map. The treasure is tailor-made to the wishes of the customer.

Duration: 3.5 h

BOHINJ OLYMPIC GAMES

The Bohinj Olympic Games are designed as an outdoor competition. The participants are divided into teams which have to overcome various obstacles and resolve various problems. Obstacles and problems can be resolved only with by all members working together, which encourages cooperation between all team members.

Difficulty level: difficult

Duration: 3 hrs

Limitation: swimmers only



SUNSET ON CANOES

Enjoy the beautiful sunset from a canoe on the lake. We will enable an unforgettable experience.

Duration: 2 hours



CULINARY ACTIVITIES



TRADITIONAL BREAD BAKING WITH A CERAMIC STOVE

Have you ever wondered how to check the temperature in a ceramic stove without any thermometer, which wood is perfect for the best hot charcoal and when bread is well baked?

At this workshop, you will bake your bread from start to finish in a traditional ceramic stove. A sausage and local "zaseka" go well with the baked bread. Who knows what else you will learn about Bohinj while baking bread?

Duration: 2 hours

COOK LIKE A LOCAL

Taste Bohinj through its culinary delights. Learn how to make traditional dishes with local ingredients and a touch of modern cuisine.

Duration: 4 hours



CHEESE TOUR

Cheese-making has a long and rich tradition in Bohinj. You will learn about the history and the important role of cheese-making. You will visit the Dairy Farming Museum in Stara Fužina, meet a real cheese producer, enjoy a tasting of cheese and local delicacies. Along the way, you will also visit some attractions and learn more about the local people. Option: we can organise a workshop where you will make your own cheese and butter.

Duration: 2-4 hrs



Trajanje aktivnosti se lahko spremeni, saj je odvisno od števila udeležencev.

Aktivnosti so prilagojene glede na želje skupine.

Vse aktivnosti so vodene